



## Piergiorgio Mandarano

Nationality: Italian

### EDUCATION AND TRAINING

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- [ 11/2021 - Current ] **Speciality Training in Pediatric Neurology, Child and Adolescent Psychiatry and Psychotherapy**  
*University of Brescia*  
City: Monza | Country: Italy | Level in EQF: EQF level 8
- [ 10/2014 - 07/2021 ] **Doctor of Medicine & Master of Surgery (MD, MCh)**  
*University of Parma*  
City: Parma | Country: Italy | Level in EQF: EQF level 7
- [ 2020 ] **Medical Statistics (attendace)**  
*The Open University*
- [ 2013 - 2014 ] **Bachelor of Science in Biotechnology (attendace)**  
*University of Milan*  
City: Milano | Country: Italy | Level in EQF: EQF level 6
- [ 2008 - 2013 ] **High School Diploma in Classics and Classical Languages, Literatures, and Linguistics**  
*Liceo Classico Statale "Simone Weil"*  
| Level in EQF: EQF level 4

### WORK EXPERIENCE

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- [ 01/12/2024 - Current ] **After-Hours Medical Service**  
*ASST Crema*  
City: Castelleone | Country: Italy
- [ 11/2024 - Current ] **Pediatric Neurology and Psychiatry Acute Care and follow-up - Speciality Training Year 4**  
*ASST Papa Giovanni XXIII*  
City: Bergamo | Country: Italy  
Neuropsychiatric consultations in pediatric departments, neonatal pathology, and emergency care.
- [ 11/2023 - 11/2024 ] **Neurodevelopmental Service (UONPIA) - Speciality Training Year 3**  
*Fondazione IRCCS San Gerardo dei Tintori*  
City: Brugherio | Country: Italy  
Diagnosis and treatment of neuropsychiatric disorders, collaboration across multidisciplinary teams, and participation in regional projects.
- [ 04/2023 - 11/2023 ] **Pediatric Neurology and Psychiatry Acute Care and Follow-up - Specialty Training Year 2B**  
*ASST Papa Giovanni XXIII*  
City: Bergamo | Country: Italy  
Consultations in pediatric departments, neonatal pathology, and emergency care.
- [ 11/2021 - 05/2023 ] **Adolescent Psychiatric Inpatient Acute Care Ward - Specialty Training Year 1 & 2A**

**Fondazione IRCCS San Gerardo dei Tintori**

**City:** Monza | **Country:** Italy

Clinical interviews, emergency interventions, and collaboration with a multidisciplinary team.

[ 07/2021 - 10/2023 ] **Primary Care Special Forces / Vaccine Specialist / Deputy General Practitioner**  
**ATS Bergamo**

**Country:** Italy

[ 01/2018 - 07/2021 ] **Intern / Data Analyst**

**Fondazione Don Gnocchi**

**City:** Parma **Country:** Italy

Clinical management of health prevention, research in the field of the autonomic nervous system, biometric analysis.

## CONFERENCES AND SEMINARS

[ 08/06/2022 - 11/06/2022 ] **Conference of the European Association of Psychosomatic Medicine** Vienna, Austria

[ 03/03/2024 - 08/03/2024 ] **17th International Research Training Seminar in Child & Adolescent Psychiatry** Rome, Italy

[ 01/07/2024 ] **32nd European Federation of Psychiatric Trainees (EFPT) Forum** Riga, Latvia

## PUBLICATIONS

[ 2020 ] **Risk factors associated with mortality among patients with COVID-19 in intensive care units in Lombardy, Italy**

**Reference:** G Grasselli, M Greco, A Zanella, G Albano, M Antonelli, G Bellani, ... JAMA internal medicine 180 (10), 1345-1355

This study found that most critically ill patients with coronavirus disease 2019 in the intensive care unit required invasive mechanical ventilation, and mortality rate and absolute mortality rate were high.

[ 2022 ] **Heart rate fractality disruption as a footprint of subthreshold depressive symptoms in a healthy population**

**Reference:** P Mandarano, P Ossola, P Castiglioni, A Faini, P Marazzi, M Carsillo, ... Clinical Neuropsychiatry 19 (3), 163

[ 2022 ] **Dante Alighieri (1265-1321): an "infernal" endocrinological observation**

**Reference:** P Mandarano, G Masciangelo, E Armocida Hormones, 1-3

[ 2021 ] **Second line volunteering in Lombardy COVID-19 emergency as a perspective on medical education and psychological distress**

**Reference:** P Mandarano, V Squatrito, A Mariotti, G Presti Clinical Neuropsychiatry 18 (5), 278

[ 2024 ] **Reduced Inter-variability of Psychopathological Traits within Families of Adolescents with Anorexia Nervosa**

**Reference:** A Riva, P Mandarano, E Brasola, F Bizzi, R Nacinovich Mediterranean Journal of Clinical Psychology 12 (1)

[ 2023 ] **Proposing a Novel Term: 'Preter-intentional Suicide'**

**Reference:** C Panarella, P Mandarano The Journal of Forensic Psychiatry & Psychology 34 (5-6), 560-561

[ 2023 ] **Perspective about Artificial Intelligence-Human Collaboration in Creative Decision-Making**

**Reference:** P Mandarano OSF Preprints

[ 2022 ] **Do «Tears Come from the Heart» [L. Da Vinci]? | Conference poster**

**Reference:** SR Piergiorgio Mandarano, Paolo Ossola, Paolo Castiglioni, Andrea Faini ... EAPM 2022

[ 2024 ] Target profiles for suicidality prevention with role-playing interventions in adolescence: a call-to-action protocol

Reference: P Mandarano European Child and Adolescent Psychiatry, ESCAP Communication

## HONOURS AND AWARDS

[ 01/07/2024 ] **EFPT AWARD FOR EXCELLENCE 2024** Awarding Institution: European Federation of Psychiatric Trainees

Prize for an excellent and innovative project in the field of psychiatry: "Target Profiles for Suicidality Prevention Based on Role-Playing: A School-Based Randomised Controlled Trial Protocol"

Link: <https://efpt.eu/awards/porto-research-award/awardees/>

[ 11/2019 ] **Honorary Student Membership** Awarding Institution: Academy of Medical Educators

## VOLUNTEERING

[ Current ] **Scout leader - WOSM** Treviglio

## LANGUAGE SKILLS

**Mother tongue(s):** Italian

**Other language(s):**

English

LISTENING C2 READING C2 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

French

LISTENING A2 READING B1 WRITING A2

SPOKEN PRODUCTION A1 SPOKEN INTERACTION A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## PROJECTS

[ Current ] **Target profiles for suicidality prevention with role-playing interventions in adolescence**

I authorize the processing of my personal data pursuant to EU Regulation 2016/679 for purposes related to my job. The information reported in this CV represents a complete and truthful summary of my educational, professional and academic career. I am available to provide further details or documentation if necessary.

Treviglio, 23/12/2024

